

EDEP 350:

# Perspectives on Achievement Motivation



How can I motivate myself?  
How can I motivate others?  
What is it I want to do?

Can I do it? Do I want to?  
Why am I doing this?  
How am I doing?

Why did I fail? How can I succeed?  
How do I feel? What will other  
people think of me?

This course focuses on how to motivate ourselves and others to achieve specific goals. We will focus on applying research-based theories to promote and sustain motivation in a variety of settings (school, work, sports, etc.). Attention will be given to specific research-based strategies, techniques, and interventions.

Satisfies requirements for:

**Mason Core**

(Social and Behavioral Sciences)

**Educational  
Psychology Minor**

## AVAILABLE SECTIONS

- **EDEP 350, section 001 (in-person)**  
Tuesday/Thursday  
10:30 am - 11:45 am

Direct questions to: [edpsych@gmu.edu](mailto:edpsych@gmu.edu)



College of Education and Human Development  
Division of Educational Psychology and Research Methods  
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