

EDEP 350:

Perspectives on Achievement Motivation



How can I motivate myself?
How can I motivate others?
What is it I want to do?

Can I do it? Do I want to?
Why am I doing this?
How am I doing?

Why did I fail? How can I succeed?
How do I feel? What will other
people think of me?

This course focuses on how to motivate ourselves and others to achieve specific goals. We will focus on applying research-based theories to promote and sustain motivation in a variety of settings (school, work, sports, etc.). Attention will be given to specific research-based strategies, techniques, and interventions.

Satisfies requirements for:

Mason Core

(Social and Behavioral Sciences)

**Educational
Psychology Minor**

AVAILABLE SECTIONS

- **EDEP 350, section 001 (in-person)**
Tuesday/Thursday
10:30 am - 11:45 am

Direct questions to: edpsych@gmu.edu



College of Education and Human Development
Division of Educational Psychology and Research Methods
Educational Psychology Program

